

College Student Online Internship

Short Course On How To Be A Social Media Activist

Thank You For Embarking On This Nation Saving Internship!

*Your 21 Assignments Begin Easy
But Become More And More Challenging – And Rewarding*

1) Install Porn Blocking Software On Your Digital Devices

2 points



We can all be tempted even if we have decided to keep our eyes for our life time lover. Better to remove the temptation in an easy step. Install a new browser that will block all the porn web sites. We recommend [K9](#) free software for apple devices , and [SPIN Safe Browser](#) for Android with [Manage SPIN](#) (Rs 50 pcm or Rs 500 pa). There are free ones but not so good or slow device down significantly, if you find one that is free that really works please [let us know](#). You will need to get **a friend to put the password** on for you. Yes its humbling but it will really challenge your friend and start a good conversation as well. Why not simultaneously put the software on his mobile, if they are a good friend, you pay! You put the password on their mobile and when they phone you in the night and plead with you to give password , be strong and don't give in! If you have boyfriend / girlfriend you can put the software on their mobiles. You want their passion only for you right?

THIS WEB PAGE and internship IS UNDER CONSTRUCTION...

Details: NOTE FOR PJ'S PROGRAMMER: EACH TIME "DETAILS" SHOULD BE HIDDEN UNTIL CLICKED...

SPIN safe browser blocks all porn web sites and Manage SPIN blocks all other browsers. Virtually all porn blocking software are browsers that replace your chrome or android browser.

If you are working Net Nanny costing Rs 4000 pa is the best for your whole family. You can install it on 5 devices and it will track and protect your children. Apart from the

expensive ones like Net nanny, these will only block porn web sites and not the soft porn which is posted on YouTube, google images, face book etc. We still need to be strong.

For every assignment one of our team will award you points on completion and so usually you have to upload something to prove this. Here you need to take a screen shot which shows you have installed porn blocking software , or that a bad site is blocked and upload it:

Upload screen shot

2) Ignite 5 points / booked Program



Go to your college principal and tell them about the impact of our seminar on you and your friends. Usually colleges only give us one seminar covering only a tiny amount of their college. You can encourage a second seminar for a different batch of students. You can give them our [letter](#). If we get booked, you pass this assignment. Please [email](#) us the time and date. Attend the session and you can finish assignment 6 simultaneously. If all our staff have left your city already , we travel constantly , then you can ask the principal if you can show a video to the NSS students as they are also desiring to make change in the nation and they regularly meet. You can stream one of our videos from our [web site](#) training videos channels or you make like to download it first if there is not a good connection in your college. While meeting your principal you may want to ask permission for assignment 3 at the same time. Pause this and move on to next assignment for details. You have several ‘pauses’ so that you don’t have to do all the assignments in order, in fact some you may have to wait some time before proceeding. **On-going**

Note: Any assignment with this **ON-GOING logo means that you can repeat this assignment now or later, generating more points. You can put posters up in up to 10 colleges.**

NOTE FOR PJ'S PROGRAMMER: Hover in future over the “on – going” and the purple text appears. This 1st time it appears so it can be in details section as well.

3) Posters

5 points per college / department



Sunil and Geetha distributing social concern posters



- Put up your own or our [posters](#) in your college
- Take permission 1st from your principal / HOD.
- Take photo of yourself in front of poster **upload**

ON-GOING



- 4) Install **porn blocking** software on your FRIEND'S mobile.
2 points per installation



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Screen shot **upload**

ON-GOING

- 5) **Find Interesting Media**
2 points each link approved



Choose one of our topics and search for good YouTube videos, web sites, info. **Upload** your comments / notes and links **ON-GOING**

6) **Observe**
4 points



Observe our college programs if we are still operating a team in your city or nearby or another intern teaching. Find out where and when we are: [email](#) us. Take notes. Give us feedback. Talk to students to get their response. Hope we can meet! If we have left you have to “Pause” this assignment. You get 4 pauses.

7) **Questionnaire**
3 points for each 3 people questioned



This is designed to give you an opportunity to interact with other students in your college outside your friendship group in discussion on the issues of relationships. After each question you can hear their replies and respond appropriately. You can ask them why they feel as they do and then suggest gently why another approach is better, healthier and advantageous for our nation. This is not a survey with results being published that comes later. This is a discussion starter. Before you conduct a debate or class much later in the internship you need to have lots of experience hearing all the arguments for porn and promiscuity and slowly you will learn how to refute them. You will listen to the training videos even more attentively after sometimes you can't answer a question or stand up to an argument for same gender marriage etc. You could try this in lunch time or after college. The answers to the questions are not short. You do not need to write them down. (Later you will do a survey where the answers are recorded. Those survey answers will just be yes , no or a %, a short answer easy to record. Questionnaires are discussion starters, surveys are to get the true larger picture based on many people's opinions.)

Suggested Questions:

- Do you think porn is harmful?
- How do we stop human trafficking?
- Is sex before marriage ok?
- 20% of abortion is due to unmarried couple / lovers. Is this OK?
- Is life, the universe, man, designed or an accident?

➤ Is it ok for 2 men to get married?

Record a (1 or 2 minute) audio report on your mobile of how the questionnaire went, how many people you interacted with and how well you were able to discuss these issues with them. **Upload** the audio
Upload the Questionnaire

8) **Zoom meeting**
4 points each meeting you attend



Participate in Zoom Meeting with **Rescue** leaders and other students across India who are on the same level as you. Download zoom [here](#) share your experience with other students . We will contact you with zoom meeting date / time. Each meeting you actively attend (online) you get points. **ON-GOING** (You may use a pass to proceed to the next level while waiting for meeting date)

Details:

Zoom meetings are like WhatsApp or skype video call but with more people, called conference. You need to download the zoom app 1st and we will inform you in advance when the meeting will be conducted. Typically it will occur in evening. You just need a smart phone and good 4G internet connection. Typical meetings follow following format:

- Introductions
- Briefing from Staff member
- Interaction with students
- Q and A
- Progress discussion, suggestions and discussion on Rescuing Romance in India...
- Date of next meeting.

Hope you can attend. As meetings are typically once a month you can 'pause' this assignment and move onto next challenge while waiting for zoom meeting date. Looking forward to seeing you in the meeting!

Remember: please connect with other students on this internship by clicking on their name, people on similar levels to you.

9) High School Impact

5 points each school



Letter to school Head



School copies and sends to all parents

Write a letter explaining porn addiction and give it to your old high school headmaster or other school in your area together with a letter for all parents on how to install parental software on their home computers and children's digital devices. (Rescue standard letter available [English here](#), [Kannada here](#)) **ON-GOING**

- Take a selfie of you giving letter to headmaster **upload**

Details:

Most parents have little idea what their high school children are watching on their mobiles. They also feel it's impossible to protect their children or invigilate them in the cyber world like do in the real world. However the opposite is true. It is easy to invigilate children in the cyber world compared to the real world using parental software or porn blocking software. There are many companies who produce these and older sisters or uncles can install if parents are computer illiterate. Parents can totally protect their children from these online destructive and damaging videos and site and easily monitor their children's phone calls, location, social media. They can be friends with their child's Facebook account and monitor any secret accounts they make, use administrator rights and block unwanted content. However they have to install the apps when they buy their child a tab or mobile. A tiny amount of work and weekly check on a report they receive about each child is all that is necessary to solve their concerns about their child's cyber activity! So we would like you to go back to your old high school or nearby school - or many (for more points) schools and explain the issue to the headmaster / headmistress. Give them your own letter summary and download the letter for the parents. They can edit or just put their letter heading. You may like to print out a hard copy as some schools would rather use this. Encourage them to give to all parents but especially year 7 and year 8. If you are really brave you can offer to give a 10 minute speech on this subject in their next PTA meeting when the parents come into the school. Try not to settle for senior teacher or

admin staff they have little authority. You may spend 1 hour travelling and meeting the school head, but 80% will give to all 300 -400 parents and hundreds of children will be protected from falling into these terrible habits!

10) **College Team:**

3 points / person who signs up



Try to get others in your college onto this internship to do activities in small groups. Photo the team meeting. **Upload** this and their email address' that they use to sign up for this online internship. **ON-GOING**

Details

It is really hard to keep up the motivation when we work alone. If you get a couple of friends involved it will be much easier. If not no problem hopefully you have begun to connect with others online in this internship. As you have got to here means you can help others up to this stage. Rescue NGO started with one youth group. As we began the college programs half of our youth group gave up their jobs to work together for this mission and it's been going full steam since then. Most people really are caught up to much in their own life , problems , studies and don't really have time or heart to really care for the nation. However we don't need multitudes just a few passionate can turn things around. It's always a tiny minority that change things for the good throughout history. Try and involve your friends, or put up a sign in your college, or ask your lecturers for permission announce in several classes. However don't forget to connect with people on same level as you whose contact WhatsApp details are available. If someone contacts encourage interaction!

Reminder** videos , social media sharing , research, schools letters, porn blocking software, and most of these assignments are ongoing and generate more points and privileges. Watch out for the sign: **ON -GOING

11) **Personalize your Google News Feed**

2 points per post



Set your google news to pick up what's going on concerning these issues and report back to team. It is very easy to program google news.

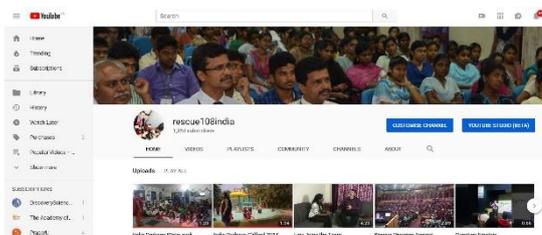
- Upload links to recent articles on these issues **ON-GOING**
- Access to links others have uploaded

Details

It is good to keep up to date with what is going on in India connected with these issues. Especially if you want in future to engage with authorities and media. When you are even slightly up to date, it gives you authority when you speak on these issues. Things in the nation change slowly. All the time there are victories and set-backs for this movement on a national level. The victories encourage us that we can really be a part of massive change and the set-backs show us where to focus our efforts. For example when government released portal www.cybercrimes.gov.in very few knew that from then on we can report teen porn and violent porn sites and the government has committed itself to block them. If you were previously struggling with porn, you may like to go on this site and list the sites that contain this type of porn. Always be careful you don't fall back into the trap. Unfortunately they will not yet block all porn, only these two which they call: child porn and rape porn. Good start! And the fruit of people like us working against these social evils.

12) Interviews

20 points once



Produce small videos for upload to YouTube e.g. interview students views in your college and edit. Try to talk to your friends who did not hear our program about these issues. Use every opportunity to engage in discussion. If you don't know the answers to their questions you can

post them in the discussion section or search online. The truth always triumphs over lies and as we grow in understanding the truth concerning these issues, we can win more and more debates / make more and more convincing arguments to protect love, ladies and babies. It is really good to start off by talking to people one to one before you start speaking in groups with some of the later assignments. It helps you to grow in wisdom as you LISTEN to other points of view, but hold on to the truth and stay calm: anger will make you win the argument but loose the person! After you watch each of the training videos in this internship try to bring up the subjects you have learnt in conversation. As people disagree and try to argue it will motivate you to understand the topics more deeply and to by heart the point and facts. The interviews are good discussion starters. If you have not already got one sign up for a YouTube channel, first you need to sign into a google account, it's really the same. Just upload the best videos or you can edit but this takes a little time.

Upload the link

13) Magazine Article

20 points per published article



Write an article for your college magazine on one of the topics you have learnt about so far.

- Once published photo and **upload** **ON-GOING**

WE SEND THEM BADGE FOR REACHING THIS STAGE AND FURTHER ASSIGNMENTS

Details:

- You can use what you learnt from the media in step 5, the reactions you got from friends to asking them if you could put porn blocking software on their mobiles, the reaction of the school Headmasters to your visit, the info you got from your google news feed recently on these topics, and finish by encouraging others to join the movement and take the challenge of this internship. You can also share from the main points that touched you in the training videos which you noted. If you think that your English is not good enough to do an article I

would like to point out that I came bottom at school in English but now have written and published 7 books. My English is still very weak but I always get friend who are good at English to proof read all my writing! You can do the same. You can repeat this assignment after you finish future assignments like the next challenge... **ON-GOING**

14) Survey

10 points per survey, 1 boys 1 girls



Conduct a survey with questions like: “Do you believe we come from mud or God?” “What % of your friends watch porn regularly?” “What % of your friends sleep with their lover?” “Should our college teach students advantageous of having only one life time sleeping partner yes / no” “since the government has said rape porn and teen porn is illegal has it reduced on the net? y/n” Notice this is not a discussion starter for a few students but designed to actually get the bigger picture. You should aim to ask at least 50 students. The questions all have short answers so you can record their answers.

- Here are examples for [Boys](#) and [Girls](#)
- You can simplify the survey by selecting questions you want and add your own.
- Type up results to excel sheet: [boys](#) / [girls](#)
- Calculate the averages , ask your maths or stats lecturer to help you analyse the data.
- **Upload** your results and a text summary

You may like to publish the results in the college magazine like in the last assignment and give a summary to the principal. If he/she is shocked by the extent of the addiction you can suggest showing the [anti porn video](#) on our web site as an orientation for students as soon as they join the college in their first week. The problem in this nation is that many authorities refuse to believe there is a major problem of youths being saturated with sexual content from the net. They feel it is a small problem. Surveys are extensive evidence which refute these

false notions. You may also like to meet a local newspaper journalist and submit the results to them. Be careful to keep the name of your college anonymous, these are national issues, you don't want to bring a bad name to your institution.

15) MAJOR CHALLENGE: Teach a class in a High School

30 points per class



Train yourselves and go do 1 hour class for year 10 high school students in June or January when u are on semester holiday and schools are running. (Boys teach boys, girls teach girls). You can turn your notes from watching the training videos concerning porn, promiscuity, abortion into talking points. Take the best points and arrange them in order. Use the name “Cyber Ethics” seminar when speaking to headmasters as it sounds more professional but to students introduce the seminar as the “Ruining of Romance and the Poison of Pornography”. Make sure they have

A projector and show some of the short videos which we showed in the program you attended e.g. [here](#) and [here](#).

- Prepare a power point presentation you can use some of **ours** and make your own. **Upload** 2 of your own new slides.
- Give the headmaster a letter explaining what you want to do, you can use [ours](#).
- **Upload** 2 photos of you teaching showing you and students
- Get the [Headmaster's signature](#), download this form before program , **upload** after program. **ON-GOING**

Once you completed enough of the previous assignments we will automatically email you your Rescue Internship Badge which you can wear when meeting the headmaster / taking the program to give you authority.

Yes this is a major move forward, have confidence in the cause and even if you don't think you can do it well , you will be surprized if you just try, how much the students will thank you and be amazed that they have not heard this perspective before , since all the traditionally

minded people who believe these things also feel too embarrassed to actually talk about them. Unfortunately the vocal people not embarrassed about expressing their opinions are the ones who promote promiscuity, pornography, same gender relationships and abortion. This has to change! Be outspoken...

If you have faith, you may want to chat to your creator and ask for His help, strength and boldness!

Once you complete this assignment you can expect a phone call from one of our team to congratulate you.

16) Organize Fund Raising Event

10 points per Rs 1000 raised

**WE PUT THE
FUN!
IN FUNDRAISING**



- It costs money to send staff to college to open youths minds to the truth about relationships and the dangers of porn. For every Rs 500 we can reach another class of 40 students. From 40 students hearing our program *10 babies are saved* and 30 students stop watching porn! To save each baby costs only Rs50! We have some amazing friends and family who keep us going. However it is not enough, we need to reach every student. Please conduct a fund raising event to get these programs to more youths. [Here](#) are 60+ ideas for fund raising events or come up with your own creative ideas. Fund raising has to be part of every charity by definition as we are not businesses, we rely on people generosity and believing in the importance of the cause. Don't feel you are a beggar. You are giving people the opportunity to help their nation and generation.
- Pay money into **Rescue** Trust [here](#)
- **Upload** amount and date of payment **ON-GOING**

Thank you for your help!

*Reminder videos , social media sharing , research, schools letters, porn blocking software, and most of these assignments are ongoing and generate more points and privileges. Watch out for the sign: **ON-GOING***

17) Organize Debate In College

40 points



- Up until now in this internship you have mostly been speaking to people individually concerning rescuing romance. Hopefully you have learnt that the truth easily stands and people make the same illogical easily refuted arguments. This means that we can learn to engage and win debates individually and now it's time to do so corporately. Try to put up a sign in college with a catchy title advertising a lunch time debate e.g. : “Can an operation turn a boy into a girl?” (transgender issue) or:

Porn Inspires Rape? The Big DEBATE Room A15
Tuesday 12th Jan 1pm Lunch time

- *Other titles: Does Science point towards a Creator?, Does Porn Ruins Romance? Should we legalize Homosexual Marriage?*
- Video the debate and upload to your own YouTube channel which you created in assignment 12.
- **Upload** link

Again we think it's amazing if you attempt this, we will be calling you soon.

18) Event Or Program In College Day
30 points each



Songs skits and dances can be powerful tools to get the message out. Write song or arrange skits for college **cultural programs on these issues. Here is a rap I did and 2 songs (1) (2) and someone else's song**

against trafficking you could use and a **skit** against abortion (Kannada) as examples. If you don't sing well or dance and can't get others to do so for you, you could direct a simple skit or just show a video that you make or edit.

- Video and upload to your own YouTube channel, **Upload link**

19) Petition

5 points / 100 signs



You have done really well to reach this stage. This will be the third time you are out about in your college. (1st questionnaire, 2nd survey) Inevitably it will give more opportunities to interact and influence your peers for the good. However the intention now similar to the survey is to influence authorities. If you are courageous or have a friend now with you in this, you could do this outside another college. If your college is big, there are probably thousands of students in your own college, who you have not interacted with even during the earlier challenges.

Do Petition of all college students demanding deputy director of education to include in syllabus ... or government to block internet porn or film industry to put disclaimer warning of the dangers of same gender sexual activities or Media to stop advertising unfaithfulness / bedroom scenes.

You can take petition to a local newspaper or to your local MP / MLA for real effect. **Upload** photo. **Upload** signs

20) Your Own Zoom Meeting

7 points / meeting



You arrange a zoom meeting with other interns - share ideas. Hopefully by now you have a few friends as you have been contacting people who are also on this internship and chatting with them. Remember you need a good 4G or Wi-Fi land line internet connection.

- a. Choose topic to discuss, prepare few points, give others time to speak. **ON-GOING**

21) **Research:**
35 points



Research: Get multiple sources for statistics and record the sources. Detailed research on one of abortion, porn, trafficking, homosexuality or Intelligent design. Dig in deep to finish your internship in style and make a write up, or make a video presentation, and if you want present on a zoom meeting. Help the movement to be armed with more facts to expose the deception in immoral and unethical lifestyles. Please email a leader to arrange a phone chat about the research at a mutually convenient time. **Upload**

Picture celebrations

Then you are ... FINISHED ! Wow! Celebrations and Graduation. You will receive your certificate soon. We will be in touch. This is not the end , this is the beginning! Now you know how to be a social activist. With an army of young people like you we can stop the baby genocide, free the teenage sex slaves, get all the perverted porn sites blocked and see ladies once again much safer in India!

PJ's Programmer

Key / Colour Code

Yellow highlight = response from us => notification to correct email

Green highlight= question

Light blue highlight = Job

Green text : Hidden until clicked

Purple = when hover

Black = title

Blue = link

Red text = Upload

ON-GOING